

*The Black Horse*  
GOZZARDS FORD

## Specials

### Something to Start

**Fowey Scallops**, on a bed of rocket salad with salsa verde dressing £7.95

**Whole Baked Field Mushroom**, filled with chilli,  
topped with melted mature cheddar cheese £5.95

**Cornish Sardines**, with a rich tomato garlic sauce  
on a bed of mixed salad leaves £5.95

**Fillet of Mackerel**, marinated with chilli, lime and ginger,  
on a bed of salad leaves and sunblush tomatoes £5.50

**Tiger Prawns, Piri Piri**, hot red chillis in olive oil and  
garlic, with garlic bread to dip £6.95

**Fowey Mussels**, with smoked bacon lardons, cooked in beer,  
with crusty bread to dip £6.95

## To Follow

**Dressed Crab, (Cold)** £13.95

Served with fresh lemon slices, hot new potatoes and garden salad

**Dressed Crab, (Hot)** Cooked in a white wine, lemon and cream sauce, with melted mature cheddar, hot new potatoes and garden salad £14.95

**Fillets of Seabass**, baked in a bag with fennel, sunblush tomatoes, with sauté potato and wilted spinach £13.95

**Paella, with Monkfish, Gurnard, Fowey Mussels, Tiger Prawns, Calamari, Chicken Thigh** £18.95

**Fillet of Mahi Mahi**, on a bed of sweet and sour stir fry vegetables with coriander and lemon rice and prawn crackers £13.95

**Whole Grilled Plaice**, with a herb breadcrumb crust, a tomato sherry sauce, mange tout and crushed herb potatoes £14.95

**Vegetable Stir Fry**, on a bed of pak choy and stir fry vegetables in a sweet and sour sauce, with rice and prawn crackers £9.95

**Whole Grilled Lemon Sole**, and crayfish tails, with a cream of dill sauce wilted spinach and fat homemade chips £15.95

**Chicken Breast**, wrapped in smoked bacon, with a sage and caramelized red onion sauce, parmentier potatoes and broccoli £12.95

**8oz English Rump Steak**, served with chips £9.95  
add a sauce – stilton, peppercorn £2.75 or garlic butter £2.50

**Vegetarian Option, Filo Tart**, filled with sunblush tomatoes, asparagus, pinenuts, goats cheese and red onion marmalade with rosemary roasted new potatoes and a garden salad £10.95

***If its on the menu but you fancy it naked  
or  
restyled please ask!!***

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## Specials

### Something to Start

**Fowey Scallops**, with a cream of horseradish sauce  
on a bed of dressed salad leaves £7.95

**Game Terrine**, with melba toast and apricot chutney  
on a bed of rocket leaves £5.75

**Loch Fyne Smoked Salmon**, with free range scrambled egg  
on toasted ciabatta, with grilled asparagus £6.25

**Hot Fish Tapas**, Whitebait, Battered Calamari, Breaded Calamari,  
and dipping sauces, tartare sauce, and garlic mayonnaise £5.50

**Baked Field Mushroom**, filled with sautéed onions and sautéed diced potato,  
topped with stilton sauce on a bed of wilted spinach £5.75

## To Follow

**Dressed Crab, (Cold)** £13.95

Served with fresh lemon slices, hot new potatoes and garden salad

**Dressed Crab, (Hot)** Cooked in a white wine, lemon and cream sauce, with melted mature cheddar, hot new potatoes and garden salad £14.95

**Fillets of Seabass**, on a bed of sautéed savoy cabbage with smoked bacon lardons and capers, with sweet potatoes and a lemon butter sauce £13.95

**Fillet of Gurnard, with Fowey Mussels and Tiger Prawns**  
in white wine garlic cream sauce, roasted cherry tomatoes  
with a garden salad £15.95

**Fillet of Monkfish**, on a bed of chorizo and pak choy with oyster sauce and parmentier potatoes £12.95

**Whole Grilled Plaice**, with lemon buttered asparagus, hot buttered new potatoes £14.95

**Roasted Chicken Breast**, wrapped in smoked bacon, with a Dijon mustard sauce, roasted rosemary new potatoes and asparagus £12.95

**28 Day Mature Fillet Steak Rossini**, on a garlic herb crouton, mushroom duxelle and chicken liver pate, with a rich Madeira sauce, dauphinoise potatoes, green beans and mange tout £22.95

**8oz English Rump Steak**, served with chips £9.95  
add a sauce – stilton, peppercorn £2.75 or garlic butter £2.50

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***or***

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